

# POST

## BREAKFAST

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Cold pressed juice of the day *CS	10
Orange   Grapefruit by The Juicist	6
Muscle Mylk — banana, coconut, cinnamon, almond milk *CS	10
Fresh ginger tea *CS	5
Toast and preserves	8
Bread in Common sourdough, multigrain, fruit & nut, gluten free	
House baked granola, vanilla yoghurt, mixed berries	14
Bircher muesli, toasted coconut, blueberries, passion fruit, mango *CS	16
Lemon and blueberry buttermilk pancakes, macerated strawberries, vanilla cream	17
Nut and seed “real” toast, crushed avocado, tomato, cucumber, lime *CS	17
Torbay asparagus, smoked salmon, poached egg, hollandaise, pangrattato	22
Baldivis free range eggs any style on toasted sourdough	13
Sautéed mushrooms, poached eggs, toasted sourdough, kale, balsamic, goat’s curd	22

## SIDES

Crispy bacon   roast tomato   avocado   mushrooms   baked beans   pork sage chipolata	5
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## COFFEE BY MANO A MANO

Our baristas prepare your favourite coffee	from 4
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## TEA BY JING

Assam Breakfast   Earl Grey   Chai   Peppermint   Chamomile	5.5
White Peony   Vanilla Black   Lemon Verbena   Jasmine Pearls   Blackcurrant & Hibiscus	6.5
Flowering Jasmine   Rosebud	9.5